

For Seniors

This page is designed as a resource for our town seniors. Please feel free to request any other types of information that you would like to see here.

Related Links

- [Columbia County Community Events](#)
- [Neighbors of Northern Columbia County: Join for access to rides, games, coffee ...](#)
- [Columbia County Office Of The Aging](#)
- [The AARP website](#)
- [Games on the NY Times website - you'll need to subscribe](#)
- [Keep your mind interested and engaged by listening and viewing Ted Talks.](#)
- [Older Is Wiser website - wonderful website for the over 50 crowd](#)
- [Sixty and Me site \(for women - requires subscription\)](#)
- [The Alliance for Retired Americans - for civic engagement nationally](#)
- [Online games at POGO such as scrabble, mahjongg, and just about everything else.](#)
- [Suddenly Senior is a very funny and inspirational web site](#)
- [Third age - explore all aspects of senior life. Health articles are cleared by...](#)
- [Want to know more about computers? Here is a how to link. Also, there is a yo...](#)
- [A link to wonderful Bed and Breakfasts nation wide for \\$20 per night for people...](#)
- [Road Scholar is a site for trip planning so that you can make the most of your ...](#)
- [National Alliance for Caregiving for the caregivers in your life. Ways to main...](#)
- [Everything you need to alleviate worry and help your grandchildren.](#)
- [National Institute on Aging: so many resources, please explore.](#)